

Health Plan   
of San Joaquin

**PHARMACY**

**RESIDENCY**





# PROGRAM OVERVIEW

Health Plan of San Joaquin PGY1 Managed Care Pharmacy Residency Program is unique in providing a balanced exposure to longitudinal ambulatory care practice as well as the operation of a Medicaid managed care HMO. The primary emphasis is placed on the application of clinical skill on the development and implementation of medication use management initiatives and policies, clinical programs, clinical analytics, formulary and disease management, pharmacoeconomic and outcome assessment, drug information, and effective communication. The resident will be involved in classroom teaching and precepting clerkship students from University of the Pacific. By the end of the program, the resident will submit a manuscript for publication as the primary author.

The HPSJ Managed Care Pharmacy Practice Residency is accredited by ASHP in partnership with AMCP.



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of San Joaquin



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## PUBLICATIONS

- Leung K, Shek A, Lo K. Management of Parkinson disease: Current treatments, recent advances, and future development. *Formulary*. 2007;42:529–544
- Yeh J, Shek A, Henriques R. Rational approaches to the treatment of mixed dyslipidemia. *Formulary*. 2008;43:366–378)
- Gandhi R, Shek A, Yeh J, Bishop D, Baker N. Pulmonary arterial hypertension: Bridging the gap between efficacy, quality of life, and cost-effectiveness. *Formulary*. 2010;45:190–199
- Tam S, Shek A, Yeh J, Lopez A. Multiple sclerosis: A paradigm change with oral agents? *Formulary*. 2011;46:228–240
- Szkotak J, Shek A. An evidence-based review of treatment options for irritable bowel syndrome. *Formulary*. 2012; 47:319-329
- Derbyshire M, Shek A, Szkotak J. Review of the pharmacologic arsenal for the war on obesity. *Formulary*. 2013;48:136-143



# PREVIOUS RESIDENTS

## **Kevin Leung, PharmD**

HPSJ Resident 2006-2007  
University of the Pacific; PharmD Class of 2006  
Employment: Director of Pharmacy  
Pharmacy Quality Alliance, WellPoint

## **Johnathan Yeh, PharmD**

HPSJ Resident 2007-2008  
University of Southern California, PharmD Class of 2007  
Employment: Director of Pharmacy and Clinical Analytics  
Health Plan of San Joaquin

## **Raj Gandhi, PharmD, MBA**

HPSJ Resident 2009-2010  
University of the Pacific; PharmD Class of 2009  
Employment: Sr. Associate Director, Account Medical Advisor  
Boehringer Ingelheim

## **Selina Tam, PharmD**

HPSJ Resident 2010-2011  
University of California, San Francisco; PharmD Class of 2010  
Employment: Sr. Pharmacist, Rx Product Strategy & Operations  
Blue Shield of California

## **Jonathan Szkotak, PharmD, BCACP**

HPSJ Resident 2011-2012  
University of New Mexico; PharmD Class of 2011  
Employment: Director of Pharmacy  
Alameda Alliance

## **Marybeth Derbyshire, PharmD**

HPSJ Resident 2012-2013  
University of the Pacific; PharmD Class of 2012  
Employment: Medicare Part D Pharmacy Manager  
Johns Hopkins HealthCare

## **Ming Shen, PharmD**

HPSJ Resident 2013-2014  
University of Massachusetts; PharmD Class of 2013  
Employment: Pharmacy Manager, Strategy & Analytics  
LA Care

## **Brenda Ng, PharmD**

HPSJ Resident 2014-2015  
University of the Pacific; PharmD Class of 2014  
Employment: Formulary Manager  
Blue Shield of California

## **NhuAnh Le, PharmD**

HPSJ Resident 2015-2016  
University of the Pacific; PharmD Class of 2015  
Employment: Clinical Pharmacist  
Health Plan of San Joaquin

## **David Lopez, PharmD**

HPSJ Resident 2016-2017  
California Northstate University; PharmD Class of 2016  
Employment: Manager, Formulary and Benefit Design  
LA Care

Is HPSJ Managed Care **Pharmacy Residency** right for me?

ASK YOURSELF,

# DO I WANT TO...

- Have an opportunity to lead a Pharmacy and Therapeutics (P&T) meeting?
- Continuously improve my clinical skills and knowledge?
- Participate in all aspects of managed care pharmacy longitudinally, not “rotations”?
- Be a valued part of the pharmacy team?
- Be published in a peer-reviewed medical journal by the end of the residency?
- Focus on my development of personal and professional leadership?
- Design, build, and implement clinical programs from start to finish?
- Participate in meaningful process improvement?
- Build a strong foundation of analytical skills and become an expert in extracting clinical meaning from large amounts of data?
- Improve the lives of an entire population, rather than one patient at a time?
- View healthcare as a whole (medical, pharmacy, and preventative) rather than just focus on drug spend and utilization?
- Gain experience as both in teaching didactic pharmacy education and as a preceptor for APPE students?
- Contribute to the advancement of the profession of pharmacy?
- Become a leader in managed care pharmacy?

If the answer is “Yes,” the residency program at HPSJ may help you achieve your career goals.

# STATEMENT OF PURPOSE

The purpose of this residency is to train and prepare pharmacists to assume a clinical position in a managed care setting. These pharmacists would be qualified to perform duties in Formulary Management, Clinical Data Analysis, Prior Authorization, Disease Management, and as an APPE and Residency Preceptor.

In response to the changes in healthcare delivery systems, emerging reimbursement trends, and increasing recognition of the need to improve and document drug therapy outcomes, Health Plan of San Joaquin Managed Care Pharmacy Practice Residency prepares pharmacists for leadership roles in the managed care setting. The program is designed to provide a solid foundation in population-based pharmaceutical care. Primary emphasis is placed on the development and implementation of medication use management initiatives and policies, clinical/disease management programs, formulary management, pharmacoeconomic and outcome assessment, strong clinical and data analytics, drug information, effective communication, teaching/mentoring skills.

Residents are guided to discover and develop their own unique talents, so as to engender optimal growth and satisfaction throughout their careers. It is our goal as preceptors to nurture in our residents the knowledge, skill, insight, and commitment that will enable them to raise the level of practice of Pharmacy in the managed care environment. As a result of having completed the HPSJ Managed Care Pharmacy Residency, graduates will have the tools to excel and lead at a variety of managed care practice sites, such as HMO/Health Plans, PBM, physician groups, pharmaceutical industry and academia.

3. An official transcript of all course work completed in the professional pharmacy curriculum
4. A current curriculum vitae
5. One professional writing sample (newsletter, published manuscript, drug monograph/ review, etc)

**Qualified applicants will be contacted by the program director to arrange an on-site interview. The onsite interview is a required portion of the application process and will not be waived.**

**Each candidate's qualifications will be judged according to the following criteria:**

1. All application materials received by the program director no later than January 8th, 2018
2. Anticipated graduation from an accredited school of pharmacy prior to the start of the residency
3. Demonstration of a strong commitment to pursuing a leadership role in managed care pharmacy
4. Strong academic background in therapeutics and pharmacology, and strong performance on clerkship rotations (note: a high GPA is helpful, but not required.)
5. Demonstrated ability to effectively apply pharmacotherapy knowledge on clerkship
6. Examples of extra effort and initiative via extra-curricular activities, special projects, or unique work experiences
7. Demonstration of strong verbal and written communication skills as well as analytical skills



# APPLICATION PROCESS

Health Plan of San Joaquin participates in the ASHP Pharmacy Online Residency Centralized Application Service (PhORCAS) therefore all materials should be submitted through the PhORCAS system at [www.ashp.org/phorcas](http://www.ashp.org/phorcas). Our ASHP Matching program code number is 149514.

**To be considered as a candidate for the HPSJ Managed Care Pharmacy Practice Residency, applicants are required to submit the following items to the program director no later than January 8, 2018:**

1. A letter of interest describing why the applicant has chosen to complete a managed care pharmacy practice residency and why he/she is specifically interested in the residency at HPSJ (please include an e-mail address)
2. Three letters of recommendation from faculty or work supervisors. At least two must be familiar with the applicant's clerkship performance





# PROGRAM DESIGN

The 12-month (July 1st through June 30th) HPSJ Managed Care Pharmacy Residency consists of activities developed by faculty from Health Plan of San Joaquin (HPSJ), University of the Pacific (UOP) and San Joaquin General Hospital (SJGH). Functionally, the Residency is divided into eight blocks, four are of limited time and four are longitudinal. A range of specific activities has been designed within each of the blocks to ensure that residents are afforded maximum learning opportunities across the full scope of Managed Care Pharmacist roles. Please see the Learning Experience Descriptions for the full block descriptions.

## **BLOCK 1 (4 WEEKS) : PHARMACY OPERATIONS/ ORIENTATION**

This one-month block orients the resident to HPSJ, its programs, the ASHP Residency Learning System (RLS), and other blocks. The resident will learn about the HPSJ formulary and prior authorization process.

## **BLOCK II ( 12 WEEKS): CLINICAL PRACTICE AND COMMUNICATIONS**

In the second block, the resident will participate in focuses on the clinical aspect of managed care pharmacy. The resident will participate in the prior authorization process, develop monographs and class reviews for the P&T committee, draft communications to members and providers, and meet with plan sponsors.





# APPLICANT INFORMATION

## // Type of Residency

PGY1 Managed Care Pharmacy Residency

## // Accreditation Status

Accredited by ASHP in partnership with AMCP

## // Length of Program

12 months

## // Number of Positions

One

## // Application Deadline

January 8, 2018

## // Onsite Interview

Required

## // Requirements

Pharm.D. from an ACPE-accredited college of pharmacy or equivalent experience, eligible for California licensure, good academic standing, excellent written and verbal communication skills. Strong analytical skills. Strong leadership qualities.

## // Estimated Stipend

\$45,000

## // Fringe Benefits

- Health, dental, vision, life, and disability insurance available
- Paid time off
- Professional travel and stipend available
- No weekend/holiday hours
- No staffing requirement

## **BLOCK III (8 WEEKS): MEDICATION USE MANAGEMENT AND CLINICAL ANALYTICS**

The third block will help the resident more fully develop their clinical analytical skills. The resident will take part in a pharmacy network analysis, fraud/waste/abuse analysis, and pharmaceutical spend and trend analysis.

## **BLOCK IV (8 WEEKS): TEACHING AND MENTORING**

A key focus of this residency is preparing the resident to contribute to future generations of pharmacists. The resident will act as a preceptor for APPE students on Ambulatory Care and Managed Care Rotations. The resident will also give a didactic lecture (if possible) and serve as a facilitator for 2nd year University of the Pacific students in their Practicum class.

## **LONGITUDINAL I: CLINICAL PROGRAM DEVELOPMENT**

For the duration of the residency, the resident will develop clinical programs centered around disease management and/or quality improvement. This will require research into need for the program, efficacy of the interventions, and what clinical outcomes need to be measured.

## **LONGITUDINAL II: LEADERSHIP AND MANAGEMENT**

Throughout the residency, the resident will be developing leadership and management skills. In this block, the resident will document individualized personal mission, vision, goals, and values and re-evaluate quarterly. The resident will also meet with HPSJ leadership to discuss the leading a Health Plan into this era of health care.

## **LONGITUDINAL III: AMBULATORY CARE**

The resident will practice their clinical skills in the ambulatory care clinics at San Joaquin General Hospital. The resident will see patients in the CHF, Diabetes, Coumadin, and Asthma Clinics, create individualized plans, give patient education, and monitor for therapeutic outcomes.

## **LONGITUDINAL IV: PROJECT MANAGEMENT**

One of the most valuable skills the resident will learn is project management and the art of managing multiple competing priorities. The resident will be expected to stay organized while completing the residency project, completing prior authorizations, doing drug information questions, contributing to the P&T, precepting APPE students, and completing other projects as they come up in the organization.

# REQUIREMENTS FOR COMPLETION

**All of the following must be completed to successfully complete the HPSJ PGY1 Managed Care Pharmacy Residency and receive a certificate of completion:**

- Complete 12 full months of training (minus allowed vacation and holidays)
- Complete a longitudinal residency project and present findings at the Western States Conference
- Serve as the primary preceptor for an APPE student
- Complete one drug monograph, one class review, and one drug utilization review and present them at a Pharmacy and Therapeutics committee meeting
- Perform a Pharmacy Expenditure Analysis
- Complete and submit one manuscript for publication
- Read "The 7 Habits of Highly Effective People"
- Prepare personal mission/vision/goals
- Complete 90% of the goals in PharmAcademic with a status of "Achieved"

## **Resident Assessment and Evaluation**

In order to ensure the resident is on track for completion of all goals and learning objectives by the end of the Residency, evaluation of the program will be done quarterly (every three months). Changes may be made to the program based on feedback from preceptors or the Resident. Evaluations are centered on the programs goals and learning objectives, and administered via PharmAcademic. It is HPSJ's goal to customize the residency program to the Resident's specific skills and interests. Mandatory evaluations include:

1. Preceptor assessment of Resident performance and progress towards learning objectives
2. Resident self-evaluation of performance
3. Resident evaluation of preceptors and learning experiences



**Healthy communities** start with **care**  
for those who **need** it **most**.



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